



# S. BRENT BROTZMAN, M.D.

## *SURGERY PRE-OPERATIVE INFORMATION PACKET*

Thank you for choosing North Austin Sports Medicine for your orthopaedic needs. This packet offers information and answers some frequently asked questions regarding your upcoming surgery. Procedures are scheduled with the hospital/surgery center one week prior to your scheduled surgery date.

### *YOUR SURGERY WILL TAKE PLACE AT ONE OF THE FOLLOWING LOCATIONS*

<b>South Austin Surgery Center</b> 4207 James Casey Blvd. Ste. #203, Austin, TX 78745	<b>(512) 440-7894</b>
<b>Cedar Park Surgery Center</b> 351 Cypress Creek Rd. Ste. 102, Cedar Park, TX 78613	<b>(512) 498-9006</b>
<b>North Austin Surgery Center</b> 12201 Renfert Way, Ste 120, Austin, TX 78758	<b>(512) 832-9088</b>
<b>Seton Northwest Hospital</b> 11113 Research Blvd. Austin, TX 78759	<b>(512) 324-6000</b>

Date of Procedure: \_\_\_\_\_ Time: NURSE WILL CALL YOU

### *PRE-OP INTERVIEW AND TESTING*

#### *INPATIENT PROCEDURES*

For patients having surgery at a hospital, a pre-operative nurse from the hospital will be contacting you prior to surgery to schedule a pre-operative visit. At this visit the nurse will discuss your health history, any medications you are currently taking, and the pre-surgical instructions. You may also undergo any necessary pre-surgical testing which may include lab work, EKG and/or chest x-ray. Please allow a minimum of 2 hours for this appointment.

You will need to bring a list of all current medications, your drivers license and your insurance card. If you do not have insurance coverage, you are responsible for making financial arrangements with the hospital. If you have any questions regarding the registration process, insurance, or hospital costs, please contact the Admissions Department at the hospital of your scheduled procedure.

#### *OUTPATIENT PROCEDURES*

For patients having surgery at a surgery center, a representative from the center will contact you 24-48 hours prior to surgery to review your medical history, medications and time of arrival. Let the nurse know if there are medications that you take on a daily basis. Please bring you insurance card and drivers license with you to the surgery center. If you do not have insurance coverage, you are responsible for making financial arrangements with the surgery center. If you have any questions regarding the registration process, insurance, or surgery center costs, please contact the surgery center of your scheduled procedure.

Pre-operative labs/studies, EKG and/or a chest x-ray for outpatient procedures may be required as ordered by your physician. These should be performed at least 7-10 days prior to the surgery, but NO earlier than 30 days prior to your scheduled surgery date.

**MEDICARE** patients **MUST** perform pre-op studies **NO** earlier than 5 days prior to the surgery date. If done any earlier Medicare will **NOT** cover the cost of the studies.

23 hour observation means that you will stay overnight but will not stay over 24 hours. Please bring just the necessities. Loose fitting clothes are recommended. Contact lenses, glasses, dentures, jewelry, and other valuables are not allowed in the operating room, so please bring the appropriate containers to store them or leave them at home.

### ***SURGERY CLEARANCE***

Occasionally it is necessary to obtain medical clearance from your cardiologist, internal medicine doctor, or primary care physician prior to having your surgery to make sure there are no underlying health issues that would prevent or delay your procedure. Our office will provide you with a prescription for recommendations if this is necessary. Keep in mind that the clearing physician may need to see you in their office prior to providing clearance, and it will be your responsibility to schedule this appointment. All clearance paperwork will need to be faxed to our office at (512) 977-0020.

### ***INSURANCE***

Deductibles and Coinsurance are verified for the physicians fees only the week before surgery to get a more accurate view of your current insurance financial obligations. **Surgery pre-payments must be received prior to surgery to avoid a cancellation.** The final bill might be more or less once the claim is processed by your insurance company. You will be responsible for any remaining balance once the claim has been processed by your insurance company.

It is your responsibility to inform our office of any changes regarding insurance coverage and that failure to do so may result in being responsible for the full balance.

The facility where your surgery is scheduled will contact you regarding their separate fees. Anesthesia is provided by the individual facility and they will be able to provide you with information regarding these fees.

#### ***PLEASE BE AWARE THAT THERE ARE THREE ENTITIES PROVIDING SERVICE FOR YOUR SURGICAL PROCEDURE:***

1. *Surgeon*
2. *Hospital/Surgery Center*
3. *Anesthesiologist*

Most procedures require a surgical assistant. Dr. Brotzman typically utilizes his Physician Assistant, Staci Reese, PA-C. If Staci is unavailable this service may be contracted from an outside company. Your physician will request an assistant only when necessary. Your insurance may or may not cover the assistant charges and this will be your responsibility. Please contact our office if you have any questions.

### ***THE DAY BEFORE SURGERY***

The day before surgery is a very important one. Certain precautions will make your experience as comfortable and as easy as possible, and will contribute to the success of your surgery.

Unless you are instructed differently by a member of the medical or nursing staff, please follow these rules related to eating and drinking. **Please understand that if you do not follow these instructions or if your physical condition changes, your surgery may be cancelled.** You must adhere to the time and date requirements set for eating or drinking. If no time or date instructions have been given with regards to eating or drinking before surgery, **do not eat or drink anything (no water, gum, mints, coffee, juice, etc.) after midnight the night before you surgery.** Please remember it is hazardous to undergo anesthesia or surgery with anything in your stomach.

If there is any change in your physical condition prior to surgery (such as a cold or fever) or if you see another physician/dentist and they put you on an antibiotic, please contact our office as soon as possible.

## *THE DAY OF SURGERY*

Loose fitting clothes are recommended. Contact lenses, glasses, dentures, jewelry, and other valuables are not allowed in the operating room, so please bring the appropriate containers to store them or leave them at home. Please remember to bring any information or necessary paperwork that has been requested such as insurance card and drivers license. For your security, we suggest you do not wear jewelry or bring valuables with you. The hospital/surgery center cannot assume liability for any losses. If you have body piercings, they should be removed prior to your arrival. Please do not wear makeup, particularly mascara.

You will receive written post-operative care instructions before you leave the hospital/surgery center. A nurse will answer any questions that you may have. You will receive a prescription for medication from your physician. Make sure you have someone drive you home and stay with you for the next 24 hours. You should not drive, operate machinery/power tools, drink alcohol, make any important decisions or sign important documents for 24 hours after surgery.

## *EQUIPMENT*

If specific devices/units are needed after your surgery, you will receive a phone call from a representative that carries that specific product or the product will be available for you the day of your procedure. All devices/units are authorized prior to surgery with your insurance company to verify coverage. Please do not contact these companies, they will contact you if necessary.

### *MEDICAL EXPRESS:*

Contact (512) 371-1700  
CPM  
Cold Therapy Units

### *AUSTIN MEDICAL DEVICES:*

Contact  
Holly (512) 750-5565  
Joe (512) 431-6071  
Muscle Stimulator Unit

## *WHEN TO CALL OUR OFFICE*

Post-operative appointments need to be scheduled by you 10-14 days after surgery, unless other instructions are given. Please contact our office to set up your post-operative appointment.

Once you are home, you should call our office if you experience any of the following:

- ❖ Fever over 101 degrees
- ❖ Severe pain that is not relieved by pain medication
- ❖ Bleeding or unexpected drainage from the incision
- ❖ Extreme redness or swelling
- ❖ Severe swelling around the incision
- ❖ Nausea and/or vomiting that does not get better (some nausea is common with anesthesia)
- ❖ Constipation for more than 3 days

*OFFICE CONTACT INFORMATION*

North Austin Sports Medicine  
12176 North Mopac Exp, Ste. D  
Austin, TX 78758

Phone: (512) 977-0000

Fax: (512) 977-0020

Nicole – Surgery Scheduler (512) 977-0000 ext. #614

Anthony – Dr. Brotzman's Medical Assistant (512) 977-0000 ext. #609

If you have scheduling questions, need to re-schedule, or have other concerns, please contact our office. **Surgeries must be cancelled at least one week prior to surgery to avoid a \$100.00 administrative fee.**